

**'FROM FORMING TO PERFORMING - USING GROUP DYNAMICS IN DEVELOPING
SOCIAL SKILLS OF YOUTH'**

TRAINING COURSE FOR YOUTH WORKERS
FROM ARMENIA, GEORGIA, ITALY, MOLDOVA, POLAND, PORTUGAL, SPAIN

OCTOBER 16-24, 2015
KRAKOW
POLAND

Organizer: Stowarzyszenie Rozwoju Młodzieży RAMPA / RAMPA Association for Youth Development/

www.dorampy.pl

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The project 'From forming to performing - using group dynamics in developing social skills of youth' aims:

- to increase efficiency among participants in leading various youth groups.
- to enhance competences of youth workers, so that groups they work with become a safe learning environment for young people and a place of social skills growth.
- to let participants gain knowledge and skills regarding group dynamics (stages and its specificity, the role of adult youth worker at each of the stage) and learn how to respond to challenges that might occur
- to present tools and methods useful in social skills training (e.g. project method, creativity training elements, the method of Senate and Community Education, games and simulations).
- to create space for experiences exchange for youth workers from Europe
- to meet together youth workers and organization working with adolescences from Europe and NGOs from Krakow and Małopolska Region and establish new relationships, strengthen the intercultural openness, inspiration for each other and planning for further partnership
- to popularize the idea of non-formal education

AT A GLANCE

PLACE AND DATE: Krakow, Małopolska Region (South Poland), POLAND; 16-24 October 2015 (Travel Day included)

PARTICIPANTS: Youth workers, 30 participants (over 21 years old)

COUNTRIES: Armenia, Georgia, Italy, Moldova, Poland, Portugal, Spain

LANGUAGE: The working language will be English.

TRAINING COURSE: 64 didactic hours of training (didactic hour = 45 minutes), ca. 8 hours per day in two sessions; working in 2 groups (15 participants each) and all together during "Community Education" sessions (about 2 hours per day)

TRAINERS: two-person trainers team for each group + "community education" trainer

ACCOMMODATION: accommodation (in single and double rooms with bathrooms, near the academic center and city center) and full-board will be provided by organizer

TRANSPORT: travel costs will be reimbursed (against the invoices/tickets/ boarding passes etc.) to the limit of Distance Calculator (for each country)

PARTICIPANT FEE: there is no fee

KRAKOW: it is cultural capital and main academic center of Poland; it has unique atmosphere of many centuries of history and joy of young people (especially at the beginning of academic year); www.krakow.pl/english/ (official website of Krakow)

RAMPA: young association (since 2012) created by people (psychologists, pedagogues, trainers) with many years of experience in working in NGOs with youth; to show what we do we asked the participants of our last project for high school students (<Youth in the Net>) to prepare the city game for the participant of the training.



TRAINING PROGRAMME

DATE		SESSION	ACTIVITY
1 DAY	16 Oct	Morning	<i>Arrivals, organizational meetings</i>
		Afternoon /Evening	<i>Arrivals, organizational meetings - Inauguration, integration of the participants</i>
2 DAY	17 Oct	Morning	Integration and forming stage in the group development
		Afternoon	Integration and forming stage in the group development (continuation)
3 DAY	18 Oct	Morning	Process of the group development
		Afternoon / Evening	Forming stage (continuation) - International supper
4 DAY	19 Oct	Morning	Crisis/Storming stage
		Afternoon	Coping the difficult situations in the youth group
5 DAY	20 Oct	Morning	Cooperation stage
		Afternoon	Conditions and tools of the social competences training – Krakow City Game
6 DAY	21 Oct	Morning	Tools of the social competences training (continuation)
		Afternoon	Tools of the social competences training (continuation)
7 DAY	22 Oct	Morning	Social competences training in practice
		Afternoon	Closing stage
8 DAY	23 Oct	Morning	Cooperation with NGOs
		Afternoon	Conclusion
9 DAY	24 Oct	Morning	<i>Departures</i>

Methods and tools: creativity training elements, the method of Senate and Community Education, games and simulations, metaphor, presentation, experience exchange, project, open space

PARTICIPANT REQUIREMENTS

- over 21 years old
- experience in working with youth is very welcome
- fluent English
- application to one of the project partners until....
- signing of the PARTICIPANT CONTRACT (with RAMPA) until October 6th

TRAVEL

Krakow has international airport (Balice, KRK). There is also possible to arrive to airport in Katowice-Pyrzowice (KTW) (then by mini-bus which arrives to the center of Krakow – it takes about 1,5 hour) or in Warsaw (then to Krakow by train or bus).

Distance Calculator

Country		Maximum amount refundable per participant	Number of the participant from the country
Armenia	2000-2999 km	360 EUR	3
Georgia	2000-2999 km	360 EUR	3
Italy	500-1999	275 EUR	6
Moldova	500-1999	275 EUR	3
Portugal	2000-2999 km	360 EUR	4
Spain	500-1999	275 EUR	3

If you need more information, please do not hesitate to contact me.

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